Newbury and Thatcham Green Gym Risk Assessment Rushall Manor Farm

A&E

Access for emergency vehicles at main entrance on Scratchface Lane Minor injuries – West Berkshire Community Hospital, RG18 3AS, 9 miles A&E – Basingstoke and North Hampshire Hospital, RG24 9NA, 15 miles A&E – Royal Berkshire Hospital, Craven Road, Reading, RG1 5AN, 14 miles

General Considerations:

Groups at risk at all Newbury and Thatcham Green Gym venues are volunteers and general public.

Hazards	Typical outcomes	Controls	Risk level
Weather: heat, cold, wet	Heat exhaustion, sunburn, hypothermia	Adequate clothing. In hot conditions: sun hats, high factor sun cream on exposed skin, stop working if ill attired or in discomfort; In cold, wet conditions: warm hats, gloves, waterproof jacket, waterproof trousers, hot & cold drinks	Slight as unlikely but harmful
Contact with hand tools	Cuts, grazes, blisters	Tools kept in good repair and fit for purposeTools transported within tool bags with blades guards.Those not needed to be left in bags or in clear view so notto be a trip hazardVolunteers briefed on safe use of toolsSafe working distances between volunteersSwinging tools not to be used with gloves or wetconditionsFirst aid kit & first aiders attend every venue	Moderate as likely and harmful
Manual handling	Strains, lower back pain	If available, wheelbarrows to be used to transport heavier tools	Moderate as likely and harmful

Contact with micro organisms	Contracting disease	Always wash hands or use gel before eating, drinking or smoking Wear gloves when handling soil Protect any cuts. Avoid contact with stream or pond water	Moderate as unlikely but very harmful
Irritant or poisonous plants	Blisters, burns	Warn of presence. Wear gloves and long sleeves, wash exposed skin thoroughly	Slight as unlikely and harmful
Insects	Bites or stings, Lyme disease	Wear long sleeves at all times, use insect repellent if present, identify wasp or bee nests & stop working in vicinity. Provide information on Lyme disease and importance of checking for ticks. Seek medical advice if concerned	Moderate as unlikely but very harmful
Chemicals	Burns, poisoning	Only qualified members to apply chemicals Safe use practices to be observed	Slight as unlikely and harmful

Activities and site specific considerations Public WC: On site

Hazards	Typical outcomes	Controls	Risk level
Traffic in car park	Danger of being hit by moving vehicles	Unload tools from bags away from traffic	Slight as
Farm vehicles		Be aware of moving vehicles	unlikely and
			harmful
Uncontrolled dogs	Dogs interfering with work	Warn of possibility of dogs causing a distraction in work	Trivial as
		area	unlikely and
			slight harm
Dog faeces	Distress, mess on boots, disease	Warn of likely presence of dog faeces. If practical, remove	Moderate as
		from work area using bags	likely and
			harmful

Scrub clearance			
Slips, trips and falls on uneven	Cuts, grazes, strains, sprains, breaks,	Point out trip hazards at start of task	Moderate as
ground, especially cut stumps	puncture wounds, blood borne infections	Keep site tidy e.g. avoid obstruction with tool bags	likely and
			harmful
Vegetation such as hawthorn	Scratches, including to eyes	Use goggles and wear long sleeves and long trousers all	Moderate as
		year	likely and
			harmful
Falling branches or trees	Cuts, scratches, head injuries	Demonstrate felling techniques and importance of clear	Moderate as
Unexpected movement of timber		escape route, danger of "kickback"	likely and
		Use hard hats when working in tree-felling area	harmful

Bonfire		Controls	Risk level
Slips, trips and falls adjacent to bonfire	Cuts, grazes, strains, sprains, breaks	Point out trip hazards at start of task Locate fire on level ground, clearing any trip hazards	Moderate as likely and
		from surrounding area	harmful
Flames	Burns	Place scrub on bonfire in controlled manner and move swiftly away	Moderate as likely and
		Wear long sleeves and trousers to prevent burns	harmful
		Fire sited downwind of main work area	
		A First Aid box with water and burns dressings to be	
		available near the fire.	
Fire spreading	Uncontrolled burning of scrub	Bonfire not to be left unattended	Moderate as
		Fire not lit in strong winds or drought conditions	unlikely but
		Fires should be turned in and made safe at the end of	very harmful
		the day. The site owner/agent may well choose to do	
		this later	
		If available and necessary, use firebeater to	
		extinguish spread	

Water hazards		Controls	Risk level
Slips, trips and falls near water or	Cuts, grazes, strains, sprains, drowning,	Pond is clearly marked as deep water	Moderate as
bog	getting stuck in quagmire	Point out trip hazards at start of task	unlikely but
-		Do not work above water, such as overhanging trees	harmful
		Avoid lone working next to water	
		Have a firm stance and do not overreach from bank	
		Identify escape routes if member falls into water	
		Only work where waters edge is visible, not obscured or	
		undermined	
Contact with harmful substances,	Leptospirosis, hepatitis, ill health	Wear gloves	Moderate as
rat faeces & bio hazards		Avoid working near contaminated water	unlikely but
		Always wash hands or use gels before eating, drinking or	very harmful
		smoking	